

Reflections of a Medical-Surgical Nurse: The Patient - Short Poems



Reflections of a Medical-Surgical Nurse; The Patient; Short Poems by Sarah Ochieng BSN RN CMSRN

★★★★☆ 4.8 out of 5

Language	: English
File size	: 1529 KB
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Word Wise	: Enabled
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This collection of short poems offers a glimpse into the world of medical-surgical nursing and the experiences of patients. The poems explore the challenges and rewards of working in this field, and the impact that nurses have on the lives of their patients.

The poems in this collection are written from the perspective of a medical-surgical nurse, and they offer a unique insight into the challenges and rewards of this profession. The poems explore the physical, emotional, and spiritual aspects of nursing, and they highlight the importance of compassion, empathy, and teamwork.

The poems in this collection are also a tribute to the patients who have touched the author's life. The poems celebrate the strength, resilience, and courage of these patients, and they remind us of the importance of human connection in the healing process.

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The Nurse's Journey

The first section of this collection explores the journey of a medical-surgical nurse. The poems in this section describe the challenges and rewards of this profession, and they highlight the importance of compassion, empathy, and teamwork.

The Nurse's Heart

My heart beats with a rhythm all its own,
A symphony of compassion, strong and bold.
I cradle life in my gentle hands,
And mend the broken with my healing touch.

The Nurse's Hands

My hands are a lifeline, a source of comfort and care,
They soothe the brow and ease the pain.

They bathe the body, change the dressings,
And hold the hand that's filled with fear.

The Nurse's Voice

My voice is a beacon, a guiding light,
It whispers hope and calms the storm.
It reassures the anxious heart,
And offers solace to the soul.

The Patient's Experience

The second section of this collection explores the experience of patients in the medical-surgical unit. The poems in this section describe the physical, emotional, and spiritual challenges that patients face, and they highlight the importance of human connection in the healing process.

The Patient's Journey

I lie in this bed, my body weak and frail,
My mind adrift in a sea of pain.
But through the haze, I see a flicker of light,
A gentle touch, a whispered word.

The Patient's Hope

In the darkest of nights, I cling to hope,
A fragile thread that keeps me going.
It whispers promises of healing,
And reminds me that I'm not alone.

The Patient's Gratitude

To those who care for me, I offer my thanks,
Your kindness has mended my broken heart.
You've eased my pain, you've wiped away my tears,
And shown me the true meaning of compassion.

The Healing Power of Human Connection

The third section of this collection explores the healing power of human connection. The poems in this section describe the importance of relationships, both between patients and nurses and between patients and their families. The poems remind us that we are all connected, and that we need each other to heal.

The Nurse's Touch

Your touch is a balm that heals my wounds,
It soothes my aching body and my weary soul.
In your embrace, I find comfort and peace,
And the strength to carry on.

The Patient's Family

My family is my rock, my constant support,
They're always there to listen, to care, to love.
They make me laugh, they make me cry,
And they remind me that I'm never truly alone.

The Human Connection

We are all connected, by invisible threads,
We share the same hopes, the same fears, the same dreams.
In our moments of need, we reach out to each other,
And find solace in the shared experience of life.

This collection of poems offers a glimpse into the world of medical-surgical nursing and the experiences of patients. The poems explore the challenges and rewards of working in this field, and the impact that nurses have on the lives of their patients. The poems also celebrate the strength, resilience, and courage of patients, and they remind us of the importance of human connection in the healing process.

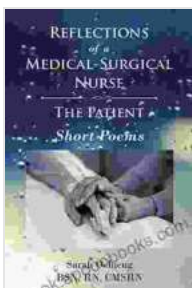
I hope that this collection of poems will touch your heart and inspire you to make a difference in the lives of others.

Author's Note

I am a medical-surgical nurse, and I have written this collection of poems to share my experiences with others. I hope that these poems will help to raise awareness of the challenges and rewards of nursing, and the importance of human connection in the healing process.

Thank you for reading.

Contact the Author



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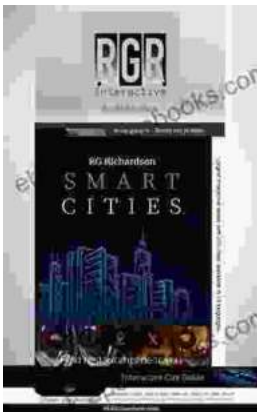
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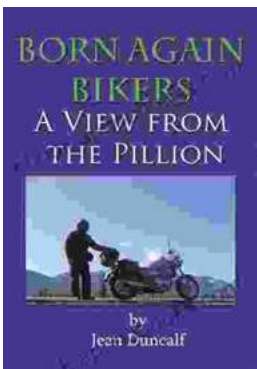
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