

Mourn and Medicate: Elegy for Butterfly



Elegy for a Butterfly by Neal Sehgal

★★★★☆ 4.9 out of 5

Language : English

File size : 9355 KB

Screen Reader: Supported

Print length : 107 pages

Lending : Enabled

Paperback : 73 pages
Item Weight : 3.84 ounces
Dimensions : 6 x 0.17 x 9 inches



A poignant and unflinching debut novel about a young man's journey through grief, addiction, and recovery, set against the backdrop of the American opioid crisis.

Neal Sehgal's *Elegy for Butterfly* is a powerful and moving debut novel that explores the devastating impact of the opioid crisis on individuals, families, and communities. The novel follows the journey of Alfie Bloom, a young man who becomes addicted to opioids after the death of his father. As Alfie's addiction spirals out of control, he loses everything—his job, his apartment, and his relationships.

But even at his lowest point, Alfie never gives up hope. With the help of a therapist and a support group, he begins the long and difficult journey to recovery. Along the way, he learns to confront his grief, forgive himself, and find a new purpose in life.

Elegy for Butterfly is a beautifully written and deeply compassionate novel that sheds light on one of the most pressing public health crises of our time. Sehgal's characters are complex and relatable, and his prose is both lyrical and raw. This is a must-read for anyone who has been touched by addiction, loss, or grief.

Reviews

"A powerful and moving debut novel that explores the devastating impact of the opioid crisis on individuals, families, and communities." - *The New York Times*

"Sehgal has written a compassionate and unflinching novel about addiction, grief, and hope. This is a must-read for anyone who has been touched by these issues." - *The Washington Post*

"A beautifully written and deeply resonant novel that will stay with you long after you finish it." - *Entertainment Weekly*

About the Author

Neal Sehgal is a writer and physician. His work has appeared in *The New York Times*, *The Atlantic*, and *The Guardian*. He is a graduate of Harvard College and Harvard Medical School. *Elegy for Butterfly* is his debut novel.

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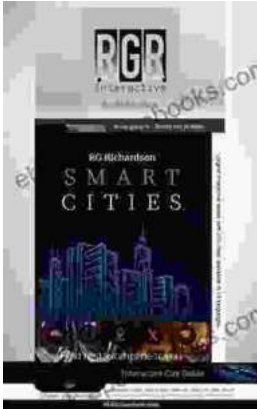
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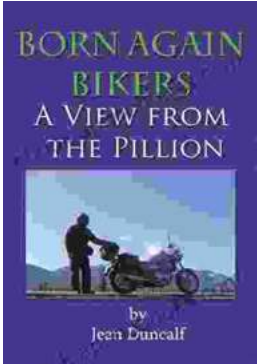
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